



FUEL GOOD

NUTRITION

1 ENERGIZING TEA

Our tea helps to boost your metabolism, burns calories and keeps you alert. You can order your tea hot or cold.

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|-----------|--------------|
| RASPBERRY | POMEGRANATE* |
| LEMON | CINNAMON |
| PEACH | CHAI |
| ORIGIANL | NRG* |

2 SOOTHING ALOE

Our aloe helps aid in digestion and nutrient absorption. You can add it to your tea or enjoy it on the side in a shot.

MANGO
MANDARIN
CRANBERRY

3 HEALTHY MEAL REPLACEMENT SHAKE

Shakes have an average of 24g protein, 21 essential vitamins and minerals, 15-18g of carbohydrates, 3g of fiber, 9g of sugar derived from fruit and 250 calories.

BREAKFAST

APPLE JAX*
BANANA CHOCOLATE
CHIP BREAD
BANANA NUT BREAD
BLUEBERRY MUFFIN
CAPTAIN CRUNCH
CAPTAIN CRUNCH
BERRY
CHAI TEA LATTE*
CINNAMON BUN
CINNAMON PANCAKE
CINNAMON TOAST
CRUNCH
CRAISIN NUT BREAD
FRENCH TOAST
LEMON POPPYSEED
MUFFIN
TRIX CEREAL

PEANUT BUTTER

BUTTERFINGER
CHOCOLATE PB CHEESECAKE
CHUBBY HUBBY
CHUNKY MONKEY
DOLCE AND GABANA
THE ELVIS
FLUFFER NUTTER
FUNNY BONE
NATURE'S VALLEY BAR
NO BAKE COOKIE
NUTTER BUTTER
PB AND J
PB CHEESECAKE
PB COOKIE
PB OREO
PB PATTIES
PEANUT BLOSSOM
PB BLONDIE
PB OATMEAL COOKIE
REESES PB CUP
TAKE 5
WHITE CHOCOLATE REESES

FRUITY

CHOCOLATE BANANA
ORANGE BERRY BLAST
ORANGE CREAMSICLE
PINA COLADA
STRAWBERRY BANANA
STRAWBERRY LEMONADE
TROPICAL GANGSTER
STRAWBERRY
WILD BERRY

MINT

MERRY MINT
MINT CHIP ICE CREAM
MINT OREO
SHAMROCK SHAKE
THIN MINT
WHITE CHOC PEPPERMINT BARK
YORK PEPPERMINT PATTY

DESSERT

ALMOND JOY
APPLE CRISP*
BLACK RASPBERRY CHOCOLATE CHIP
BANANA CARAMEL PIE
BANANAS FOSTER
BLUEBERRY CHEESECAKE
BROOKIE COOKIE
BROWNIE BATTER
CARAMEL APPLE*

CHOCOLATE CHIP COOKIE
CHOCOLATE COVERED STRAWBERRY
CHOCOLATE FUDGE
COCONUT CREAM PIE
COOKIE DOUGH
COOKIES AND CREAM
DARK ALI
DARK CHOCOLATE RASPBERRY TRUFFLE
DULCE DE LECHE
GERMAN CHOCOLATE CAKE
GLAZED DONUT
KETTLE CORN
KEY LIME PIE
KIT KAT
LEMON POUND CAKE
MAGIC COOKIE BAR
MAPLE WALNUT
MILKY WAY
MOOSE TRACKS
MUDSLIDE
NEOPOLITAN
OATMEAL COOKIE
OATMEAL CRAISIN COOKIE
PISTACHIO ALMOND COOKIE
S'MORES
SALTED CARAMEL
SAMOAS
SHORTBREAD
SNICKERDOODLE
SNICKERS
STRAWBERRY CHEESECAKE
STRAWBERRY SHORTCAKE
SUGAR COOKIE
TURTLE CHEESECAKE
TWIX
VANILLA BEAN
WEDDING CAKE
COFFEE
CARAMEL LATTE
COFFEE
COFFEE CAKE
COFFEE OREO
JAVA CHIP
MOCHA LATTE
TIRAMISU

**please alert us of any food allergies*